

# Determine Your Size

## TIGHT SIZING

1. Find height (in. or cm.) & weight (lbs. or kg.).
2. Choose a tight style.
3. Refer to charts on page 263-264 or chart on back of tight packages.

## CLOTHING SIZING

Use a soft tape measure to determine the following:

**GIRTH:** With someone's help lay the tape measure in a circle from shoulder at the neck, down under the fullest part of bust, through the center of crotch and back up to starting point at shoulder.

**BUST:** Measure with arms raised, measure around the fullest part of the chest.

**WAIST:** Measure around body at waistline.

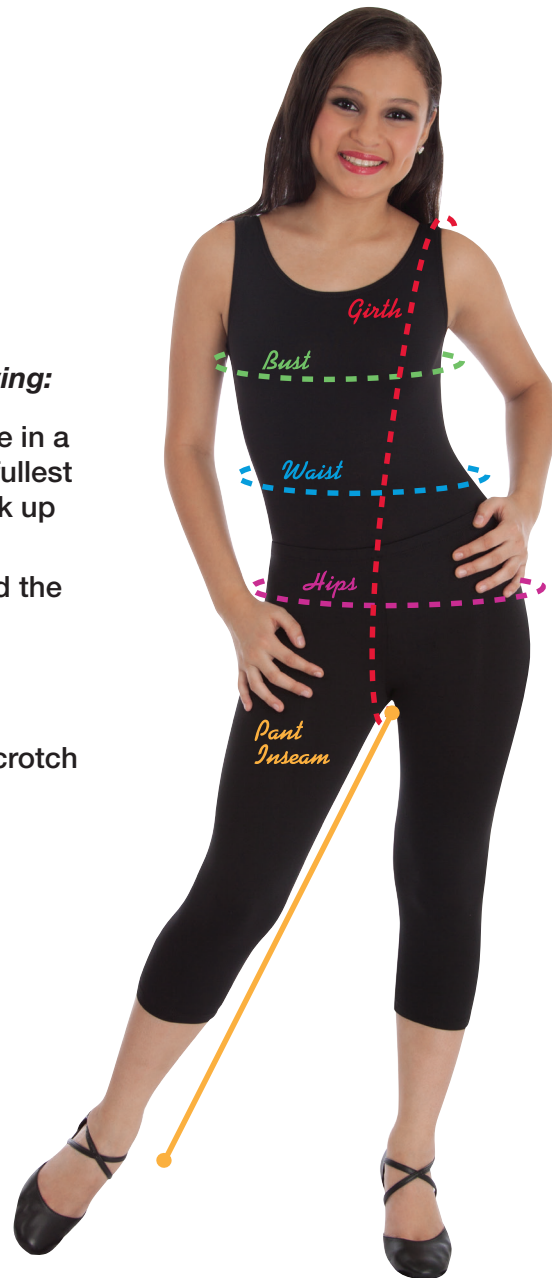
**HIPS:** Measure around the fullest part of the hips.

**PANT INSEAM:** Measure inside the leg from the crotch to the desired pant length.

## SHOE SIZING

1. Visit a dance retailer for a custom shoe fitting.
2. International conversions refer to page 262.

*To maintain the best possible fit we follow consistent size specifications throughout a product line. Please measure accurately and compare your measurements to our sizing chart(s) for a perfect fit.*



## Adults/Girls Skirt Sizing

### Girls:

### Adults:

BODYWEAR SIZE CHART:	XSMALL - SMALL (XS-S)			MEDIUM-LARGE (M-L)		XSMALL-SMALL (XS-S) (ADULTS)		MEDIUM-LARGE (M-L) (ADULTS)		
	(3-4)	(4-6)	(6X-7)	(8-10)	(12-14)	(2) XSmall	(4-6) Small	(8) Medium	(Med.-Large) Tall	(10-12) Large
Waist:	21" 53cm	22" 56cm	23" 58cm	24" 61cm	26" 66cm	20"-22" 51-56cm	23"-25" 58-64cm	26"-28" 66-71cm	26 1/2"-30" 76-102cm	29"-31" 74-79cm
Hips:	23" 58cm	24" 61cm	27" 69cm	29" 74cm	32" 81cm	30"-32" 76-81cm	33"-35" 84-89cm	36"-38" 91-97cm	36 1/2"-40 1/2" 97-103cm	39"-41" 99-104cm
Girth:	37" 94cm	41" 104cm	45" 114cm	47" 119cm	51" 130cm	55"-57" 140-145cm	57"-59" 145-150cm	59"-61" 150-155cm	62"-65" 155-165cm	61"-63" 155-160cm