

Determine Your Size

TIGHT SIZING

1. Find height (in. or cm.) & weight (lbs. or kg.).
2. Choose a tight style.
3. Refer to charts on page 287-288 or chart on back of tight packages.

CLOTHING SIZING

Take a soft tape measure to determine the following:

GIRTH: From the middle of the side shoulder down through the crotch and back to the same shoulder.

BUST: With arms raised, measure around the fullest part of the chest.

WAIST: Around body at waistline.

HIPS: Around the fullest part of the hips.

PANT INSEAM: Inside the leg from the crotch to the desired pant length.

SHOE SIZING

1. Visit a dance retailer for a custom shoe fitting.
2. International conversions refer to page 286.

